



NUTRITION CHANGES. HYDROPONICS, ALGAE, INSECTS: AQUAFARM SHOWS UP

Crickets on pizza, miraculous blue powders, "without" food between necessity and fashion; the demonstration in Pordenone on 15 and 16 February will debunk some pop myths.

Pordenone, 7 February 2018. For some time, with an acceleration in recent months, newspapers and websites, not to mention the social media, are full of comments and news related to novelties, true or presumed, on nutrition. Some examples: polemical interventions on the coming arrival of pizza with crickets and larvae, allowed (indeed, encouraged) by the European Novel Foods directive; algae, especially spirulina, which are alternately presented as a panacea or as an almost toxic ingredient to be avoided; foods without this or that ingredient or element that are part of their traditional or natural composition presented as better regardless of whether the consumer is actually allergic or intolerant to them. The session **THE NEW FRONTIERS OF HUMAN FOOD** expected at AquaFarm Friday, February 16 from 11.45 in the Novel Food Hall, will try to clarify these and other topics. It will be discovered that the introduction of insects for human food in the West, apart from some eccentrics who will import traditional foods from other crops, will concern the derivatives of insects, essentially protein flours (thanks to Marco Ceriani of Itabugs who has been raising insects for years in the Netherlands). Paolo Battistel, international agronomist consultant, will explain that with the hydroponic techniques it is already possible to grow food without the origin, for example, the tomato without nickel (which is universally present in the soil in association with the indispensable iron, but not in hydroponic nutrients). Graziella Chini Zittelli, CNR researcher, will make a complete survey on microalgae for functional and nutritious foods, and if there are health risks. Only three examples of demonstrable myths of a conference moderated by Ettore Capri, Director of the European Sustainable Agriculture Observatory, Catholic University of the Sacred Heart, which will also be attended by Gabriele Cipri di Livegreen and Alberto Niccolai of the University of Florence.

For more information about the conference programme please check:

<http://www.aquafarm.show/program-15-february/?lang=en>

Aquafarm 2018 attendance is free of charge after registration. Register and download your pass:

<http://www.aquafarm.show/registration-to-attend-aquafarm-2018/?lang=en>



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